

POOL & CHANGING ROOM PROTOCOLS On Arrival/before swimming

- For those who will be swimming at Moreton Hall, for any reason the session has to be cancelled in an emergency, emails will be sent to all members. ***IT IS THE RESPONSIBILITY*** of the parent/guardian to check your emails to ensure the session is running.
- Parents/Guardians are not permitted to stay on the school grounds. Swimmers are to be dropped off outside the swimming pool and must arrive in time for their slot dropping off and picking up.
- Arrive showered and ready to swim in clothing that is easy to change in/out of for speed, and keeping in mind that changing room will not be open to use. Our operating entrance will be allocated at the side of the building to where the spectators would normally be seated. This door will remain open for ventilation and to reduce the contact points.
- Please ensure the swimmers arrive on time, swimmers who miss their time slot will not be able to enter for training. This is due to the number of swimmers we need to facilitate.
- Swimmers will be guided onto poolside at their allocated time and asked to sanitise their hands before entry. Please remind your swimmers that they must maintain a 2 meter distance from anyone outside their household/ social bubbles whilst waiting on poolside. We must respect the social distancing rules to keep our community safe.
- Entry through the allocated door at the side of the building.
- Showers and changing rooms will not be in use.
- Swimmers must make their way to poolside as quickly & sensibly as possible.
- All belongings must be taken with swimmers onto the poolside and placed in the allocated storage units.

REMEMBER TO MAINTAIN A 2 METER DISTANCE AT ALL TIMES

During Swimming

- Belongings are to be placed in provided storage units around the pool and must not touch anyone else.
- Kit Bags must have only equipment for the session which is detail on the weekly session plan update on our website. Items which are placed at reasonable distance from others and Swimmers kit must not be touching another person's kit and all belongings must be clearly labelled.
- Water bottles to be placed where you enter the water (Swimmers bottles must not be touching another person's bottle and must be clearly labelled).
- The Coach will indicate where your group is within the pool and when and how swimmers are to enter the pool.
- Swimmers are required to maintain continuous movement in the pool to uphold distancing rules.
- Should you need to use the toilet, swimmers must first inform the Covid Officer so we can maintain a limit on changing room numbers and ensure the facilities are cleaned after use.
- If you need to stop then swimmers need to not pause within the swimming lane but to climb out of the pool.

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After Swimming

- Swimmers will be guided back to their changing post on poolside. This must be a quick change to facilitate the pick up times given to parents and guardians.
- The outside door will be open at all times to allow ventilation and to reduce the number of contact points. Please be mindful of this so swimmers are able to dress quickly and safely. We would advise putting loose clothing over their swimsuit/trunks and changing fully at home.
- Showers and changing rooms are not permitted to be used.
- Swimmers will be asked to sanitise their hands before exiting.
- Parents/Guardians are not permitted to come onto poolside or on site outside their allocated time slot for swimmers collection . ***IT IS THE RESPONSIBILITY*** of the Parent/Guardians to be on time to pick up their swimmer.

If there is an emergency which means you can not arrive to collect your swimmer on time, you must contact and advise the club as soon as possible. Emergency contact via “Spond” App

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